

## March News



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### Important Schedule Changes

>There will be **no zazen** on **Tuesday**, March 11, **Thursday**, March 13, and **Tuesday**, March 18.

>The March zazenkai date has changed from Sunday, March 23 to **Saturday, March 29**, 4am – 1pm. The 9:30 – 11am sitting will be pre-empted by the zazenkai.

>The Zen Centre will be closed on **Easter Monday, March 24.**

## “Zen Practice Fundamentals”

The Zen Centre had a full house of twenty enthusiastic newcomers and regular practitioners for the English “Zen Practice Fundamentals” course. The French course will be held on Tuesday evenings, 7:45 to 9pm, from March 25 to April 15. Please email the Zen Centre if you would like to take part in the course. The cost is \$40 for non-members.

## “Sunday afternoons at the Zen Centre”

The Zen Centre’s series of Sunday afternoon talks on the Rinzai Zen tradition has gotten off to a wonderful start with our first two talks by Prof. Victor Sogen Hori and Sojun John Godfrey. Sojun came from Japan to Montreal for two days and several more days with his family in Olean, NY, and gave a very spirited talk about Zen training in Kyoto. We have had absolutely full houses for both of these Sundays and expect the same for the next three. Please look to the linked from the website homepage for the e-poster of all talks.

People are invited to come to the Zen Centre at 2pm for two hours of talk, conversation and light refreshments. Please call or email the Zen Centre to reserve a seat as space is limited. The suggested contribution for each Sunday is \$10/\$5-students/retired.

Many thanks to the team of people who have helped with set-up, food preparation and clean-up, photography and sound recording for these Sunday talks.

## Facebook “Friend”

The Zen Centre has created a profile page on Facebook under the name Zengetsu Myokyo. If you would like to receive invites to events or updates on Zen Centre activities or if you would like to join the “Enpuku-ji/Centre Zen de la Main” Cause, send an email to the Zen Centre with your profile name and we will send you an invitation to become a “friend”.

## Wish list

- > research on digital cameras
- > transcription of audio files of “Sunday afternoons at the Zen Centre”

## Important Dates

March 09, Sunday – **“Sunday afternoons at the Zen Centre”**

March 23, Sunday – **“Sunday afternoons at the Zen Centre”**

March 24, Easter Monday – **No morning or evening zazen**

March 25-April 15, Tuesdays – **French “Zen Practice Fundamentals”**

March 29, Saturday – **Zazenkai**

April 06, Sunday – **“Sunday afternoons at the Zen Centre”**

May 03-07 – **Spring Sesshin**